

Mobile Mammography Program

*Bringing Breast Care
to the Community*



Stamford Hospital's Mobile Mammography Program brings breast health screenings to women in the community, in conjunction with the Stamford Hospital Women's Breast Center.

Breast health is a priority for all women, yet there are many reasons why women may not get the regular mammograms they need to ensure their health.

Busy Schedule: Stamford Hospital's Mobile Mammography Program works directly with employers of all sizes to bring screening equipment right to the workplace. This provides working women with a convenient option that reinforces the importance of preventive care, increases the likelihood of participation, and provides a convenient and time-saving alternative.

Fear & Anxiety: It's important to confront these feelings directly, because the fear of finding cancer can be more dangerous than cancer itself. Most (in fact, 80%) of diagnosed breast problems turn out to be unrelated to cancer. And when caught in the early stages, breast cancer is usually treatable, with most women going on to live long and productive lives.

Medically Under-served Women: For women who are hard to reach—because they don't speak English, don't have health insurance, lack the financial resources to pay for healthcare, or aren't aware of the importance of regular screenings—our community outreach program visits churches, community health centers and a variety of other locations. We provide outreach materials in several different languages and teach classes in breast self-exam. Our goal is to make sure all women have access to mammography. In operation since 1996, our outreach program has thus far provided screenings to more than 6,000 women, and continues to offer mammography and education to more than 1,000 women in need each year.

How We Care For You

Stamford Hospital's Mobile Mammography provides screening exams in a private environment with complete confidentiality, sending all results directly to your physician. If there are any questionable findings, you will be referred directly to the Stamford Hospital Women's Breast Center, which provides the full range of follow-up screenings and diagnostic procedures in a relaxed and supportive environment. Your private physician remains involved in your care.

Stamford Hospital's Women's Breast Center

Located on the second floor of the Tully Health Center, the Women's Breast Center provides the full spectrum of clinically excellent care, from screenings to diagnosis to treatment, in an efficient, effective and emotionally supportive environment. Our services are expedited and streamlined in order to reduce anxiety and the inconvenience of asking women to return for more tests, consultations and procedures.

Our services include:

- Routine screenings and mammography
- Breast cancer treatment
- Evaluation and surveillance for women at high risk for breast cancer
- Treatment of fibrocystic breast condition, new breast lumps, breast infection and breast pain
- Referrals and education about breast health

Symptoms that require immediate attention include:

- Detection of a new breast lump
- Bloody nipple discharge
- New and severe breast pain in one, not both, breasts

Most of our services are covered by medical insurance. We are happy to file claims as a courtesy to our patients.



The Regional
Center
for Health

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